MOH/JICA/RHTC ELDERLY CARE POLICY AND MODEL FORMING PROJECT IN SRI LANKA

--- PARADIGM SHIFT OF HEALTH CARE POLICY AND SERVICE DELIVERY---

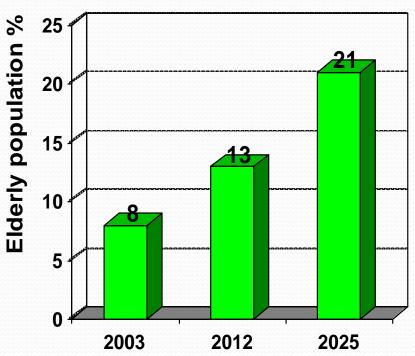


HEALTH PLAN AND MODEL FORMING PROJECT FOR INTEGRATED HEALTH AND WELFARE SERVICE FOR THE ELDERLY IN SRI LANKA



Person aged 60 years or more.

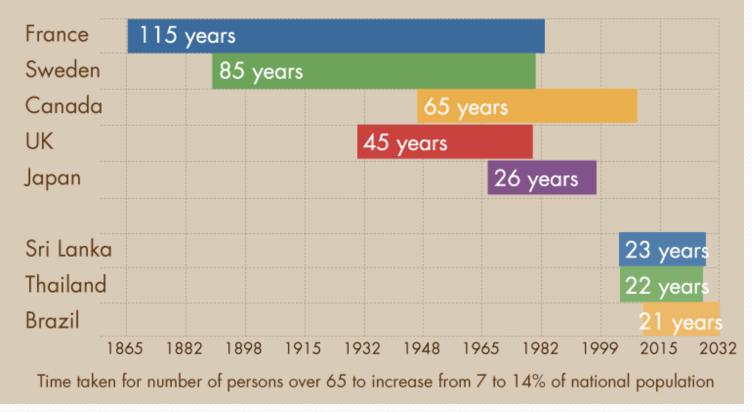
- 8% **2003**
- 13% 2012
- 21% 2025



(Dr.Shiromi)

Rapid Aging in Sri Lanka (7%→14%)

ACCELERATING SPEED OF DEMOGRAPHIC AGEING ACROSS THE WORLD



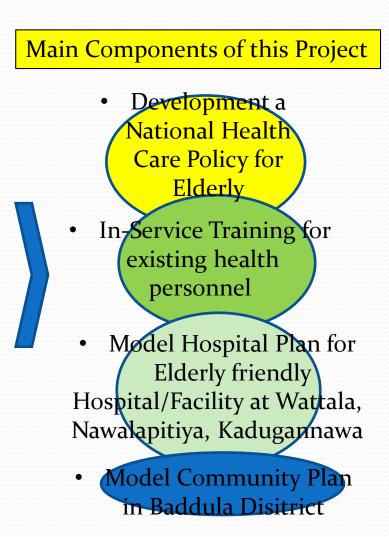
WHO Report

PROJECT PURPOSES/OUTCOMES

Paradigm Shift of Health Services in Sri Lankawill be Needed like in Japan for developing mechanism of elderly care

- Introduction of Elderly Health Care in Sri Lanka in hospitals and communities linked with existing PHC system
- Facility Care services with restructuring of hospital/facility
- Human resource development and increasing care related workers
- In-Service Training for existing health personnel

31 Peoples Visit Japan to Share Japanese situation and experience & Paradigm Shift for Health Care in Japan



PLAN OF PROJECT ACTIVITES (2015/03-2017/03)

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	Goal of Project	To develop national policy for the						A. Canada									
		elderly care in Sri Lanka, with	anni 1999						apanana a		in an					Activition dama (Outer	
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		witth stakeholder meeting&Workshop	Α	(Extended workshop by Stakeholders)							MOR	1111					
iii i			Р														aa
uui		1-2 Seminar (Publicity)	Α						First				Second		Final		
N	Vatinal	1-2. Base Line Survey	Р														
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			-													Care	<u>1000</u> 2000
		1–5Provision of Equopment for Training	P A							-				-			
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· · · · · ·	Sorting out	2–1. Working Group Activities:	Р														
existing care		2.1.1.Developing standared IST-TOT	A					Plans/G	Plans/Guidelines/Mannuals will be developed if necessary by priority					IST-TO1 Training Guidelin	.0		
policy/plans	~~~~~~~~~~~~~~~~	traning program															
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	Elderly Care Model Plan	working group	A													lote	100
		2.2 Page Line Service	Р							_	-	-					/
	developed	3-2. Base Line Servey	Α					Planning	g/Implem	entation					Print		
	Wattala Leprosy	3-3. TOT Trainig(Local)	Р												•	IST-TOT Training for Elde	rly
<u>iii</u> i	Hospital)		Α									(Watalla	a Care Fa	cility)		Care	
iii i		3–4. Equipment forTraining										1					
1	Output4 Hospital									-							
E	Elderly Care	4-1.Hospital Model Plan sub-working	Р									-				Central PHO Plan & Hos	ital
	Model Plan	group activities at Nawaraitiya & Kadugannawa	A													Plan w Elderly Care Note Nawarapitiya,Kadugannay	1
	developed Nawarapitiya DBH,	n a a a a a a a a a a a a a a a a a a a														ay a	/* /
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			~					(Training at Kadgannawa T.C.)					<u></u>		<u></u>		
		4.4.Eqipment(training)															
												1				Badulla DHO Plan &	
Output5 Community Elderly Care	aaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaa	5-1.Community Model Plan sub- working group activities	P A									-				Kandaketiya Community	lan
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~ ~ ~ ~	Model Plan	5–2.Base Line Survey	P							/ . .							
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(Baddula DHO)	~~~~~	5–3.TOTTraining(Local)	P					(Training at Kadgappana TC)				IST TOT Training for Elde Care	rly				
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		5–4.Equipment (Training)															
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P	Plan of Activities	(P:Planned)															
Δ	Activities done																
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Japan Training for Elderly Health Care

1st Batch of 7 participants – 08 - 17 May 2015

2nd Batch of 11 participants – 03 – 13 Sep. 2015

3rd batch of 16 participants - 13 – 22 May 2016



Elderly Care TOT Training Conducted

N⁰	Date	Kadugannawa RHTC	Wattala Leprosy H.	*Nawarapitiya DBGH.	*Baddula DHO
1	2015/10	37		(+)	(+)
2	2016/6	46	52	(+)	
3	2016/8	60	62	(+)	
4	2016/9	58	60	40 (+)	(+)
5	2016/10	56	53	45 (+)	50
6	2016/12	61	55	61 (+)	
	Sub-Total	318	282	146 (+)	50 (+)

+: Hospital staffs were trained at Kadugannawa TOT Training Course

Trained health care personnel will be available to conduct local staff training on Elderly health care to other health care workers in their institutions

At a TOT Training for Elderly Care at Wattala

ANIM/JICA/RHTC HEALTH PLAN & MODEL FURMING PROJECT

INTEGRATED HEALTH & WELFARE SERVICE FOR THE ELDERLY IN SRI LANKA Fraining Seminar on Elderly Care eprosy Hospital, Hekumb Rd Vattala from 13-14 to 2017

The most remarkable effect of these seminars was the more compassionate attitudinal change observed in the participants due to the understanding gained about the ageing process and the seroious difficulties faced by the aged. Sri Lanka has a good primary health care system for developing elderly care. Due to the timely focus now placed through this project on Elderly care by MoHNIM, in collaboration with RHTC, Nagano, JAPAN & sponsored by JICA It is hoped that Sri Lanka will develop into **A Model Country for Elderly Health Care in the world** in the not so distant future



Visiting the Aged in Rural Community, Kandaketiya (3rd poorest area in Sri Lanka), in Badulla District & planning the opening of an Elderly Clinic in Kandaketiya Hospital

We are just starting on the starting line for elderly health care in Sri Lanka

The project is very happy and honored to support preparing the start

A DE LEAR AND A DE LE



"Ekiden" is a long run Marathon, with 100 years history in Japan

Special Thanks To These Counterparts & Contributors to the Project

Dr.Ananda Jayaral, Dr.Shiromi Maduwage ,Dr.Kamalani Wanigasinghe, Dr.Dilanka Thilakarathna and staff (YED)

Dr.Jayarath Mudalige, Dr.Kumari Edirisinghe Dr.Niranji Kumari and staff (Leprosy Hospital, Handala, Wattala)

Dr.Anura Rajapaksa Dr.Ruwan Jayasinghe and staff, Dr.Ranjith Ratanayake Kadugannawa RHTC and DH) Dr Rohan Bandara, Dr.Shanthi Samarasinghe and staff (Central Province PHO)

Dr.Nihal Weerasorriya, Dr.Ananda Bandara and staff (Nawarapitiya DBH)

Dr.Janitha Tennakoon, Dr.Thusitha Attanayaka, Dr.Samudra Ratnayake Dr.Adikari Gayan Perera, Dr.Aruna Kumarasinghe and staff (Kandakatiya Health C.) (Badulla DHO/PHO)

Dr.Lakshita Ranasinghe, Dr.Mayura Yapa and YLTP 2013 members

Mrs.RyokoTabaru (JICA Sri Lanka), Mrs.Kishani Tennakoon,

Mrs.Angela Wigeshinhe, Ms.Nilushika Mahanama, Mr.Nanda Perera (Project staff)