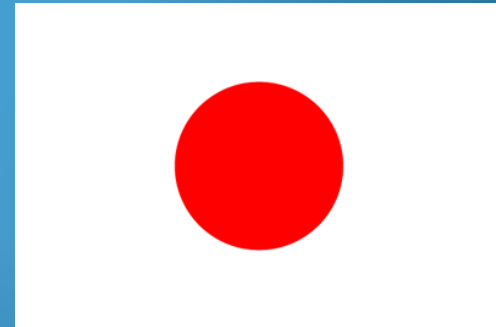


# MOH/JICA/RHTC ELDERLY CARE POLICY AND MODEL FORMING PROJECT IN SRI LANKA

*--- PARADIGM SHIFT OF HEALTH CARE  
POLICY AND SERVICE DELIVERY---*

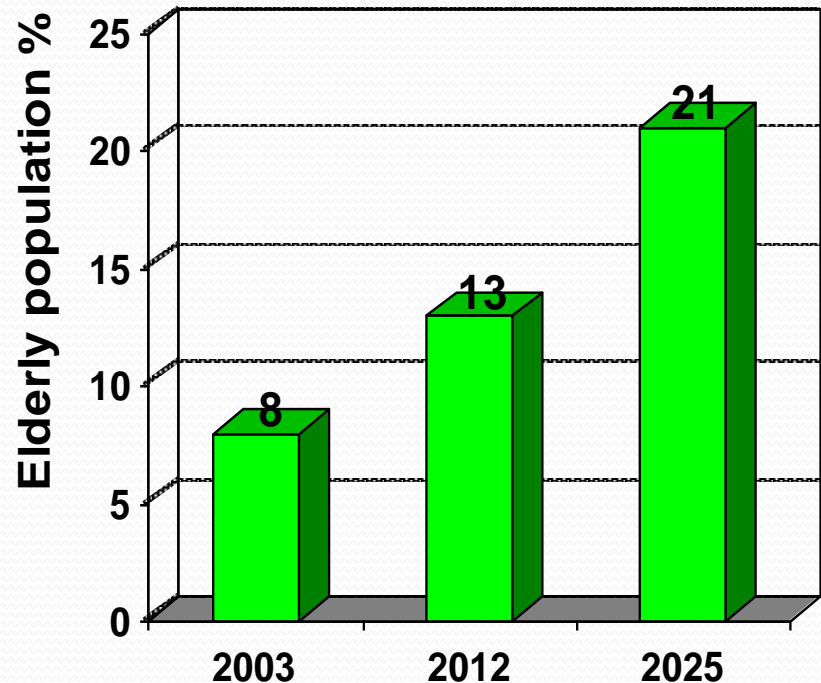


HEALTH PLAN AND MODEL FORMING PROJECT  
FOR INTEGRATED HEALTH AND WELFARE SERVICE FOR THE ELDERLY IN SRI LANKA

# スリランカの高齢化率 (60才以上)

Person aged 60 years or more.

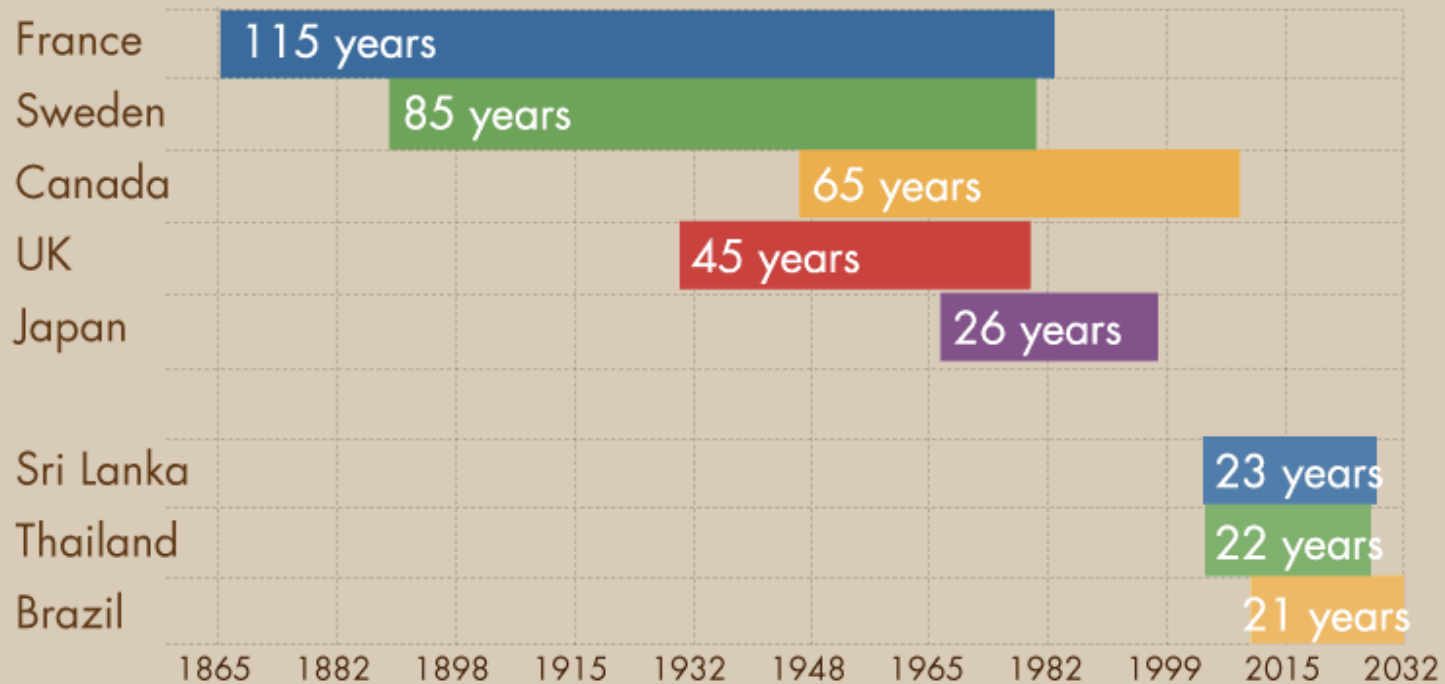
- 8% - 2003
- 13% - 2012
- 21% - 2025



(Dr.Shiromi)

# Rapid Aging in Sri Lanka (7% → 14%)

## ACCELERATING SPEED OF DEMOGRAPHIC AGEING ACROSS THE WORLD



Time taken for number of persons over 65 to increase from 7 to 14% of national population

# PROJECT PURPOSES/OUTCOMES

*Paradigm Shift of Health Services in Sri Lankawill be Needed like in Japan for developing mechanism of elderly care*

- Introduction of Elderly Health Care in Sri Lanka in hospitals and communities linked with existing PHC system
- Facility Care services with restructuring of hospital/facility
- Human resource development and increasing care related workers
- In-Service Training for existing health personnel

**31 Peoples Visit Japan to Share Japanese situation and experience & Paradigm Shift for Health Care in Japan**

## Main Components of this Project

- Development a National Health Care Policy for Elderly
- In-Service Training for existing health personnel
- Model Hospital Plan for Elderly friendly Hospital/Facility at Wattala, Nawalapitiya, Kadugannawa
- Model Community Plan in Baddula Disitric



# Japan Training for Elderly Health Care

1<sup>st</sup> Batch of 7  
participants – 08 - 17  
May 2015

2<sup>nd</sup> Batch of 11  
participants – 03 - 13  
Sep. 2015

3<sup>rd</sup> batch of 16  
participants - 13 - 22  
May 2016



# Elderly Care TOT Training Conducted

No	Date	Kadugannawa RHTC	Wattala Leprosy H.	*Nawarapitiya DBGH.	*Baddula DHO
1	2015/10	37		(+)	(+)
2	2016/6	46	52	(+)	
3	2016/8	60	62	(+)	
4	2016/9	58	60	40 (+)	(+)
5	2016/10	56	53	45 (+)	50
6	2016/12	61	55	61 (+)	
	Sub-Total	318	282	146 (+)	50 (+)

+ : Hospital staffs were trained at Kadugannawa TOT Training Course

**Trained health care personnel will be available to conduct local staff training on Elderly health care to other health care workers in their institutions**

# At a TOT Training for Elderly Care at Wattala



**The most remarkable effect of these seminars was the more compassionate attitudinal change observed in the participants due to the understanding gained about the ageing process and the serious difficulties faced by the aged.**



Sri Lanka has a good primary health care system for developing elderly care. Due to the timely focus now placed through this project on Elderly care by MoHNIM, in collaboration with RHTC, Nagano, JAPAN & sponsored by JICA  
It is hoped that Sri Lanka will develop into  
**A Model Country for Elderly Health Care in the world**  
in the not so distant future



*Visiting the Aged in Rural Community, Kandaketiya ( 3<sup>rd</sup> poorest area in Sri Lanka), in Badulla District & planning the opening of an Elderly Clinic in Kandaketiya Hospital*

We are just starting on the starting line for elderly health care  
in Sri Lanka

The project is very happy and honored to support preparing the start



“Ekiden” is a long run Marathon, with 100 years history in Japan

# Special Thanks To These Counterparts & Contributors to the Project

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(Project staff)